

COORDINATION BUILDING

16th BASS PHRASING

The first set of exercises focuses on adding an “ah” on the bass drum in-between the hi-hat strokes. Take your time with these because you’ll run into these types of grooves all throughout your drumming career.

The exercises are arranged in pairs (1-2, 3-4, 5-6, 7-8, 9-10, 11-12, 13-14, 15-16). Each exercise consists of a 4-measure phrase in 4/4 time. Exercises 1 and 2 include rhythmic notation with 'x' marks for hi-hats and 'ah' for bass drum strokes. Exercises 3-16 show the same phrases with different bass drum and hi-hat patterns.